

Ganneys Meadow Nursery School and Family Centre



Sun Safety and High Temperature Policy

June 2021

Adopted by the Governing Body

School: Ganneys Meadow Nursery School and Family Centre

Date: June 2021

Review: July 2022

Statement of intent

At Ganneys Meadow, we are committed to ensuring that we meet our health and safety obligations to staff and pupils, including during outdoor activities.

During summer months, there comes the possibility of sunny weather and heatwaves. In these cases, it is exceptionally important to stay in cool conditions inside, and in the shade outside-particularly during the midday sun. As a school, we know that health and safety is of the utmost importance, and it is vital that we address this issue.

Overexposure to the sun's ultraviolet (UV) radiation presents a severe risk to the health and wellbeing of our staff and pupils, with the potential to cause sunburn, blistering and sickness.

This policy outlines the framework in which our school will identify, manage and minimise the risks of UV rays to our staff and pupils. The procedures outlined in this policy will be adhered to by all staff members, pupils, parents and visitors whilst on the school premises or attending a school event.

Legal framework

This policy has due regard to all relevant legislation including, but not limited to, the following:

- Health and Safety at Work etc. Act 1974
- Management of Health and Safety at Work Regulations 1999

Roles and responsibilities

The headteacher is responsible for:

- Obtaining consent forms from parents to ensure staff have permission to apply sunscreen to pupils.
- Reviewing this policy annually.
- Ensuring staff have received appropriate training and guidance on the stipulations in this policy, and ensuring staff act in accordance with this policy.
- Determining if pupils should be sent home due to hot temperatures.
- Ensuring classroom temperatures are maintained at an appropriate level.
- Ensuring that staff model good practice in terms of sun safety.
- Ensuring that staff understand the precautions for pupils in terms of sun safety, e.g. wearing sun-safe hats.

Staff members are responsible for:

- Adhering to this policy.
- Modelling good practice in terms of sun safety.
- Ensuring that pupils have the appropriate sun-safe clothing and sunscreen on.

- Encouraging pupils to stay appropriately hydrated.
- Applying sunscreen to pupils in line with the school's Intimate Care Policy.

Parents are responsible for:

- Sending their children to school with the necessary sun safety precautions, e.g. sunscreen, hats and water bottles.
- Applying sunscreen prior to their child attending school.
- Completing the Parental Consent to Apply Sunscreen form.
- Encouraging their children to practice sun-safe precautions.
- Being good role models in terms of sun safety.

Minimising risks

The school is committed to ensuring the welfare and wellbeing of pupils. To minimise risk of heatstroke, sunstroke and sun damage, we:

- Encourage staff and pupils to keep as much of their skin as possible covered up during the Summer months and hot weather.
- Encourage staff and pupils to use sunscreen of at least sun protection factor (SPF) 15 on any part of the body that they cannot cover up.
- Use sunscreen in accordance with the product's instructions.
- Encourage staff and pupils to take their breaks in the shade, if possible, rather than staying out in the sun.
- Reschedule work/outdoor lessons to minimise UV exposure.
- Situate water points and rest areas in the shade.
- Encourage staff and pupils to drink plenty of water to avoid dehydration.
- Encourage staff and pupils to check their skin regularly for any unusual moles or spots and refer themselves to a qualified medical practitioner where necessary.
- Encourage the removal of PPE during rest periods, to help facilitate heat loss.
- Ensure all staff members, pupils and visitors are aware of, and adhere to, this policy.

Where pupils have suffered from a sun-related illness, e.g. sunstroke, a first aider will provide appropriate support in accordance with the school's First Aid Policy.

Clothing

During the Summer months, with temperatures above 25°C, everyone working at or attending the school will be encouraged to protect their face, neck and ears using a hat.

Sun-safe are hats with a deep crown and brim size for pupils & adults. Examples are:

<p>Bucket style hats Broad brimmed hats Legionnaire-style hats.</p>	
<p>Baseball hats are not sun-safe hats</p>	

Pupils without sun-safe hats will only play in an area protected from the sun, unless a sun-safe hat has been provided.

During hot weather, lightweight clothing will be required to reduce the risk of overheating.

Pupils will be advised not to wear their jumpers during hot weather.

Pupils not wearing sun-safe clothing will be required to play in an area protected from the sun, if spare clothing cannot be provided.

Staff will encourage pupils to wear UV protected sunglasses or/and a hat.

Sunscreen

Everyone working at or attending the school will be required to apply at least SPF 15 broad-spectrum water-resistant sunscreen 20 minutes before going outside and reapply every three hours.

Pupils will be asked to provide their own sunscreen in a bottle labelled with their name.

A reserve supply of sunscreen will be stored in the classrooms for pupils who forget theirs.

Sunscreen will be stored in a cool, dry place and the expiry date will be monitored by the class teacher.

Sunscreen will be self-administered, under supervision, where possible.

Teachers and other staff members will apply sunscreen in line with the school's Intimate Care Policy

Any allegations will be handled in line with the school's [Safeguarding Policy](#)

Where a teacher or other staff member agrees to apply sunscreen to pupils, another member of staff will be present whilst it is applied and parental consent will be obtained beforehand.

Teachers and other staff members will only apply sunscreen to pupils' faces, necks and arms.

Letters will be sent home during the induction packs and renewed annually; asking for parental permission for school staff to apply, and supervise the application of, sunscreen to pupils.

Hot weather procedures

The Education (School Premises) Regulations 1999, stipulate the temperatures that classrooms should be kept at, which are detailed below:

Area	Temperature
Where there is a below normal level of physical activity due to ill health or physical disability, e.g. isolation rooms; however, this does not include sleeping accommodation	21°C
Where there is a normal level of physical activity associated with teaching, private study or examinations	18°C
Where there is a high level of physical activity, e.g. PE sports halls, washrooms, sleeping accommodation and circulation spaces	15°C

The Headteacher will decide if the premises are unsuitable for pupils, and will issue a statement to parents via phone or email, stating that children must be sent home, specifying the timeframe by which children need to be collected.

The Headteacher will phone or email parents reminding them to send their children to school with a hat, sunscreen and a sufficient amount of water.

Pupils with albinism

The school recognises that the lack of melanin in a pupil with albinism's skin increases their risk of sunburn and skin cancer.

To enhance their protection from the sun, we will ensure that pupils with albinism:

- Wear sunscreen with an SPF of at least **30**, and preferably one that provides maximum protection from both UV-A and UV-B radiation.
- Have a thick layer of screen applied at least **15 minutes** before going outside.
- Where possible, avoid going out between 11am and 3pm, when the sun is at its hottest and UV radiation is at its strongest. Pupils with albinism may wait in a shaded area or in the classroom with a teacher during these times.
- Wear sunglasses with a UV filter.
- Cover up with a hat and loose-fitting clothing.

We will ensure that specific medical advice in relation to pupils with albinism is adhered to.

Curriculum

Pupils will be taught about the dangers of the sun and information about sun protection will be incorporated into the curriculum.

Information regarding sun protection will be shared with parents in the Spring and Summer terms (as well as reminders sent out at other times when the weather is good) on Tapestry and weekly newsletters

Role modelling

All members of staff will act as role models and demonstrate sun-safe behaviour.

Staff will:

- Wear a sun-safe hat, clothing and sunscreen.
- Spend as much time as possible in the shade whilst outside.
- Wear sunglasses that comply with the BS EN ISO 12312-1:2013+A1:2015 standards.
- Encourage families and visitors to role model sun-safe behaviour when they are visiting the school.

Parental Consent to Apply Sunscreen



As the parent, I recognise that too much UV exposure may increase my child's risk of sunburn and other associated problems.

I, therefore, give permission for the staff at **Ganneys Meadow** to apply a sunscreen product with a sun protection factor of **15** or higher to my child, as specified below, when my child will be playing outside in hot conditions.

I further understand that sunscreen will only be applied to the face, tops of ears, nose, bare shoulders, arms and legs.

Please complete the form below to ensure the school has all applicable information regarding the use of sunscreen for your child:

I give staff permission to apply sunscreen to my child.	Yes <input type="checkbox"/>	No <input type="checkbox"/>
My child burns easily.	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If you answered yes to the above, please provide more information, e.g. if your child has albinism:		
My child has the following allergies:		
Staff may apply sunscreen to my child but, for medical reasons, only the following brands can be used:		
Staff may apply sunscreen to my child but only to the following areas of my child's body:		

Parent name: _____ Date: _____

Parent signature: _____

Please return this form to the **school office** by